

The Loss of a Child

My Story

Jenny Ford

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Illustrator

Lorena Lees

Editor

Matt Wash: mattwashauthor@gmail.com

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www.jennyfordauthor.com

Acknowledgements

A big thank you to my ex-husband, Greg, for sharing his memories of our little one. He has helped remind me of things that, through grief, I had sub-consciously blanked out. Greg was incredible at keeping me strong whilst also trying to grieve himself. For that, I will forever be grateful.

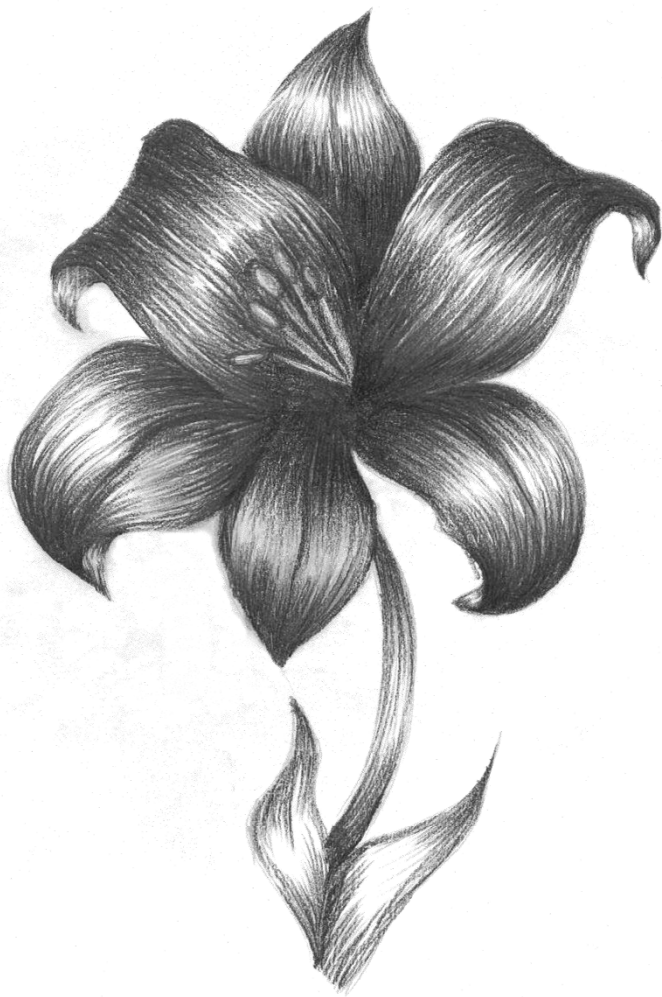
To my beautiful children Sophie, Christian and Lucy... always know that your big sister is watching down on you.

Thank you to family and friends for their love and support through those very difficult times.

And finally, to you, the reader. I am so truly grateful that you have taken the time to share in my story.

Love and blessings.





About the author

Award Winning Inspirational Author Jenny Ford didn't set out to be a writer; in fact, no one was more surprised than Jenny when she wrote her first book. She was no A* student, and her lack of education was certainly not an indication that she would ever become an author.

Beauty was her first love but, when diagnosed with Multiple Sclerosis in 2010, she had to give up her highly successful mobile beauty therapist business for health and safety reasons. However, where many people may have struggled to emerge so positively from such a life change, Jenny soon discovered (thanks to a little Divine Intervention) that her true-life purpose was to write.

Jenny says. "I believe that my MS was a gift so that I could inspire and give hope to others. I fully believe that no matter what challenges we go through, there is



always a way forward, a new path ahead and a more exciting journey to explore.”

“Through my own adversity, I have learned to not only believe in myself but to accept my MS. My books bring positivity, healing and comfort to others through inspirational, heartfelt messages.”



Reviews

“I was very privileged to read Jenny Ford’s book ‘The Loss of a Child’.

“The emotion that I felt was unbelievable, I cried like a baby! The sensitive subject that has been written with pure love, respect and raw emotion. I felt every single piece of hurt, love and grief written with every word. I highly recommend this amazing book but make sure you have tissues at the ready! This book gives you hope even after such a tragic loss. The writer definitely made me feel like I was there with her sharing in her love, pain and frustration. A beautifully written book and thank you for sharing your story.”

~ Angie Johnstone Candler

“The loss of a child is utterly incomprehensible and is the hardest of losses to bear. While we feel Jenny’s pain



and grief, we also experience with her, the healing that has taken place over the years.

“I know that by sharing her story, there will be many others who will find comfort in Jenny’s writing.”

~ Melanie Moore

“I can’t recall ever reading a book that has tugged on my heart strings as much as this. A beautifully raw recount of how Jenny and Greg went through and came out the other side of, without question, the most devastating pain a person can face. As a father myself, I found this book inspiring and ever so moving. The human spirit should never be underestimated. Amazing effort, Jenny Ford. Highly recommended.”

~ Matt Wash

“Very thoughtfully written. Child loss is such a difficult and emotive topic to write about.

“I really admire how Jenny thanked her ex-husband for keeping her strong. It’s a real act of kindness to show



gratitude towards an ex-partner whilst reflecting on such a tragic time in your life.

“The Loss of a Child’ is a short story so as much as it’s hard to read at times; particularly if you relate to the circumstances, it is manageable to digest.

“Catriona was born in 1991 and died seven-and-a-half months later.

“This is the devastating story of a mother’s loss and her experience with the medical professionals and then sadly the Police after her daughters sudden death.

“Jenny’s honesty shines through her writing and she even shares how the loss of Catriona ultimately affected her marriage.

“It’s not a light read and it’s quite dark at times but Jenny’s writes with such tenderness and attention to small details that you will want to keep reading.”

~ Eileen Morrison



*In Loving Memory of our beautiful
little angel, Catriona*

1991-1992



*Dedicated to all the parents who
have lost a child.*

*And the family and friends
also effected by the loss.*





Jenny's Story

The loss of a child is unquestionably the hardest thing that a parent can go through; I know – I am one of those parents! No matter your child's age, and whether they die through illness (physically or mentally), natural causes, somebody else taking their life, miscarriage or still born—you just can't describe the harrowing emptiness you feel.

We lost our little girl, Catriona, in May 1992 when she was just seven-and-a-half months old. She was our first born; it took three years (with a little intervention) to conceive, and I remember so clearly the day I found out I was pregnant. It was the happiest day of our lives! I had a lovely pregnancy; everything was wonderful. On the 12th October, 1991, our little bundle of joy came into the world weighing 6lb 12oz; she had the most beautiful mop of dark hair. We finally had the child we so longed for. I remember that when Catriona was born, the midwife was slightly concerned.





*“Something Wasn’t
Quite Right”*